

Professional Services

The Community Support Program of Professional Counseling Associates serves a three county area: Lonoke, Prairie and Pulaski County, north of the Arkansas River.

We serve a diverse population. Services are provided with the knowledge that needs may vary because of a person's cultural, ethnic, religious, racial, gender, age, or economic differences.



We recognize there are individuals who have special needs which sometimes relate to specific disabilities and require specialized services.

We help people with multiple problems, recognizing that we must treat the whole person and their unique situations and life circumstances.

We encourage family involvement, believing "No Man is an Island unto himself."

The Mission of PCA is to offer pathways to wholeness, healing, and hope through caring and effective mental health services.

CSP Hours: 8:30 a.m. to 3:30 p.m.
Monday through Thursday
at the Springhill Clinic.

LOCATIONS:

Five clinic locations in Pulaski, Lonoke, and Prairie Counties.

SHERWOOD.....501-835-4174
JACKSONVILLE.....501-982-7515
CABOT.....501-843-3503
LONOKE.....501-676-3151
NLR - (Springhill).....501-955-7600

Administration: 501-221-1843
www.pca-ar.org

Emergency Services - 24 hours
CRISIS LINE # 800-592-9503



Services provided by



Community Services Program



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SERVICES

All our **Community Support Programs (CSP)** are designed to enable persons with a lifelong illness to:

- ❖ Improve quality of life
- ❖ Control symptoms of the illness
- ❖ Increase independence
- ❖ Access needed services in the least restrictive setting
- ❖ Access needed resources and benefits
- ❖ Develop or regain skills needed for everyday living and obtaining employment
- ❖ Manage money
- ❖ Socialize and enjoy life

Day Services Program

Our **Day Services Program** is our highest level of service for adults, *eighteen and older*, that addresses the clinical needs of persons with *serious mental illness*. It is open **Monday through Thursday** from **8:30am to 3:30pm** at the Springhill clinic in North Little Rock.

Due to COVID, days/hours may be affected. Call 501-955-7600 for current information.

SERVICES

Outpatient Care and Day Services provide the following programs:

- ❖ Individual and Group Therapies
- ❖ Support, Therapy & Education for Families
- ❖ Psychiatric Services
- ❖ Case Management
- ❖ Educational Programs
- ❖ Crisis Management
- ❖ Medication Management
- ❖ Development of Functional Skills



The Day Services Program also provides the following services:

- ❖ Development of Daily Living Skills
- ❖ Development of Prevocational Skills
- ❖ Socialization/Social Support Network

Our services are provided without regard to race, color, creed, religion, gender, age, sexual orientation, national origin, disability, economic status or political affiliation.

SERVICES

A variety of **mental health professionals** and certified Intervention Specialists provide evaluations, develop treatment plans and assist with obtaining other services and resources to meet the needs of our clients.

- ❖ **Psychiatrists**
- ❖ **Psychologists**
- ❖ **Psychological Examiners**
- ❖ **Social Workers**
- ❖ **Counselors**

The team approach is utilized with all clients. A team may consist of a psychiatrist, a therapist and/or an intervention specialist as well as group therapy leaders and others (if necessary). This team can help with a variety of problems ranging from assistance with meal planning and grocery shopping, to treating an acute event of a client's illness.

Affordability

With our private, non-profit status, our hourly fees are reasonable. We offer the following to help make our services affordable:

- \$ **Sliding-scale discount (if qualified)**
- \$ **Many insurances are accepted**
- \$ **Medicaid Provider**
- \$ **Medicare Provider**
- \$ **CHIP (ARKids) First Provider**

When you first call, our staff will help you determine your coverage. Claims assistance is always available.