



Addicted to Gambling???

Don't Be Afraid, You Are Not Alone!!!!

Help is available and it's FREE!!!

If you or someone you know can answer
yes to the questions on the back of this card then

CALL

(501) 221-1843

If in the Central Arkansas Area

Or

(888)GA-HELPS

(888) 424-3577

If Outside Central Arkansas



1. Did you ever **lose time** from work or school due to gambling?
2. Has gambling ever made your home **life unhappy**?
3. Have you ever **felt remorse** after gambling?
4. Did you ever **gamble to** get money to **pay debts**?
5. Did you ever **borrow money** to gamble?