

**We Can Help...**  
Brief Counseling  
Consultation & Support  
Stress  
Relationships  
Family Problems  
Financial Difficulties  
Community Resources  
& Referrals



Our services are provided without regard to race, color, creed, religion, gender, age, sexual orientation, national origin, disability, economic status or political affiliation.

Phone: 501/955-7600 ext 1042  
4354 Stockton  
North Little Rock, AR 72117



## **Family Resource Center**

**Free and Confidential**



*Offering pathways to wholeness, healing and hope through caring and effective mental health services.*

## Let's Talk



What is the Family Resource Center?

The Family Resource Center is a service provided by Professional Counseling Associates.

The Family Resource Center provides free and confidential services. No appointment necessary.

Hours of Operation:

Wednesday

1:00pm - 5:00pm

## The Family Resource Center can provide assistance in areas such as:

Brief consultation

Counseling & Support

Learning about community resources

Providing referrals to community agencies

Learning about mental illnesses

Accessing mental health treatment for all age groups

Understanding the involuntary mental health evaluation & treatment process

Accessing medication assistance programs & other resources

Learning about educational, occupational, recreational, & volunteer opportunities

## Your Information

You can use this section to keep track of referral information & write notes to identify the areas of assistance you may need.

Notes: \_\_\_\_\_

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